



Homework for Session Two

The DNA of Relationships

Dr. Gary Smalley and Michael Smalley

This week's assignments (to be completed during the week with appropriate time for the exercises to be determined by each family)

Adults(s): Read chapter 1, pages 3-15 *A Relationship Revolution*. Complete the *One-Minute Review* on page 16.

Kids (age appropriate): Have your children list key relationships in their lives. They might include family and friends as well as relationships from church, school, neighborhood and organizations or teams to which they belong. What impact do these relationships have on their lives? In which relationships do they need to invest more time and energy?

Family Meeting: Complete the "Applying principles from the Bible" section on pages 184-185

Class Discussion Questions:

1. What expectations or hopes do you have for this study? Do you have a particular relationship that needs help?
2. If you are married, do you and your spouse ever do a destructive dance? Do you ever get stuck? What about your other relationships? Where might you be stuck in destructive patterns w/ a sibling or a coworker?
3. "It's never just about the other person." Think of a current relationship in which you are experiencing conflict. What is your part in the conflict? Consider the true root of the problem.
4. Think about a relationship problem that left you feeling helpless, feeling as if you couldn't do anything about it. Based on what you've read in chapter 1, what new insights do you have regarding that situation?
5. **Making it Real:** What effect do you want to have on the people in your life?

In your family meeting this week, pray specifically
for your family to commit to a scheduled family meeting time.