



Homework #2

The DNA of Relationships

Dr. Gary Smalley and Michael Smalley

This week's assignments (to be completed during the week with appropriate time for the exercises to be determined by each family)

Adults(s): Read chapter 2, pages 17-37 *A Relationship Revolution*. Complete the *One-Minute Review* on page 38. Complete the "discovering your core fear" worksheet.

As a Couple (or family): Answer the "Recapping the chapter questions on pages 186-187. Share your responses to the "discovering your core fear" worksheet

Family Meeting: Complete the "Applying principles from the Bible" section on pages 187-188

Class Discussion Questions:

1. Discuss the times when you have observed the truth of the following statement: "When people exclude God and try to navigate their own way through relationships, we see much more fear prevalent in their lives."
2. What are your particular fears in your relationships? How has that fear hindered the development of your relationships?
3. Based on a relationship that you are currently experiencing conflict, what might be some of the real issues underlying the surface problem?
4. How does understanding the underlying issues change your perspective of the conflict and your role in it?
5. ***Making it Real:*** What insights have you gained about how your fear(s) and responses affect your relationships? How will you apply the info in your relationships?

In your family meeting this week, pray specifically to be reminded that
"God has not give us a spirit of fear and timidity, but power, love, and self-discipline. *2Timothy 1:7*