MARRIAGE MATTERS / RELATIONSHIPS MATTER

Additional Resources*

*See page 8 for sites to obtain books and additional counseling services.
Occasionally web sites change. All of the sites listed below were correct at the time of this printing, 9-1-16.

MARRIAGE

GENERAL INFORMATION
The Seven Principles for Making Marriage Work  John Gottman
Relationships  Dr. Marshall B. Rosenberg
One Family At a Time: Restoring the Soul of America Through God's Plan for Your Marriage and
Family  Dennis Rainey
How We Love and How We Love Workbook  Milan and Kay Yerkovich
The Love Dare  Stephen Kendrick, Alex Kendrick
Getting the Love You Want  Harville Hendrix
The First Five Years of Marriage  Phillip Swihart
Breaking the Cycle of Divorce: How Your Marriage Can Succeed Even If Your Parents Didn’t  John
Trent and Larry Weeden
Love and Respect  Emerson Eggerichs
The Five Love Languages: How to Express Heartfelt Commitment to Your Mate  Gary Chapman
Too Close to the Flame: Recognizing and Avoiding Sexualized Relationships  Dr. Gregg Jantz
Making Love Last Forever  Gary Smalley
Boundaries in Marriage  Dr. Fred Lowery
Covenant Marriage  Dr. Henry Cloud and John Townsend
The Two Sides of Love; Using Personality Strengths to Greatly Improve Your Relationships  Gary
Smalley and John Trent
As For Me and My House: Crafting Your Marriage to Last  Walter Wangerin
Loving Your Marriage Enough to Protect It  Jerry Jenkins
Hidden Keys of a Loving Lasting Marriage  Gary Smalley
Love Busters  Willard Harley
The Love List: Eight Things That Make a Big Difference in Your Marriage  Drs. Les and Leslie Parrott
Sex Begins in the Kitchen  Kevin Leman
Sixty-Minute Marriage Builder  Rob Parsons
Surviving a Spiritual Mismatch in Marriage  Lee and Leslie Strobel
New Baby Stress  David and Claudia Arp
Your Marriage Can Survive a Newborn  Glen and Natalie Williams
www.enddivorce.com
www.family.org

LATER YEARS
See also resources under Coping with Aging Parents
How to Survive and Thrive In An Empty Nest  Janette and Robert Lauer
The Second Half of Marriage  David and Claudia Arp
Men in Midlife Crisis  Jim Conway
Respecting Your Limits When Caring for Aging Parents  Vivian Greenberg
Empty Nesting: Revisiting Your Marriage When Kids Leave Home  David and Claudia Arp
Complete Guide to Caring for Aging Loved Ones  Betty Free
A Caregivers Survival Guide  Marshall Strom
The Final Mile: A wife’s Response to Her Husband’s Terminal Illness  Faye Landrum

BEFORE MARRIAGE
Saving Your Marriage Before It Starts  Drs. Les and Leslie Parrott
Lies At the Alter  Robin Smith
Before You Remarry  H. N. Wright
MARRIAGE IN CRISIS
See also resources under Sexuality, Parenting, and Additional Challenges
When Love Turns to Fear: Answers From an Abuse Survivor  Allison Ogden
Setting the Captives Free: A Christian Theology for Domestic Violence  Ron Clark
The Enabler: When Helping Hurts the Ones You Love  Angelyn Miller
Anger, Resentment, Abusiveness, Silence, Addictions and Sexual Compulsiveness  Dr. Archibald Hart
Angry Men and the Women Who Love Them: Breaking the Cycle of Physical and Emotional Abuse  Paul Hegstrom
Torn Asunder Workbook: Recovering from Extramarital Affairs  Dave Carder
How to Help Your Spouse Heal From Your Affair  Linda Macdonald
Surviving an Affair  Willard Harley
When Bad Things Happen to Good Marriages; How to Stay Together When Life Pulls You Apart  Drs. Les and Leslie Parrott
Love Must Be Tough: New Hope for Marriages in Crisis  Dr. James Dobson
Hope for the Separated; Wounded Marriages Can Be Healed  Gary Chapman
Healing the Hurt in Your Marriage; Beyond Discouragement, Anger, and Resentment to Forgiveness  Dr. Gary and Barbara Rosberg
Surviving a Spiritual Mismatch  Les and Leslie Strobel
Feeling Good Together  Dr. David Burns
Spiritual Warfare in Marriage  Bill Stonebraker

INFERTILITY
Empty Arms: Emotional Support for Those Who Have Suffered a Miscarriage, Stillbirth, or Tubal Pregnancy  Pam Vredevelt
When the Cradle is Empty: Answering Tough Questions About Infertility  John and Sylvia Van Regenmorter
The Infertility Companion  Sandra Glahn and Dr. William Cutrer
Adopting After Infertility  Patricia Johnson

FAMILY FINANCES
www.bundle.com
Five Steps to Successful Money Management  Lee Davis
Financial Peace  Dave Ramsey
Storm Shelter, Protecting Your Personal Finances  Ron Blue
Taming the Money Monster  Ron Blue
Debt-Proof Your Marriage and Debt-Proof Your Marriage Workbook  Mary Hunt

FAMILY AND THE MILITARY
Heroes at Home: Help and Hope for American Military Families, 2nd edition  Bethany House
When Duty Calls: A Handbook For Families Facing Military Separation  Carol Vandesteeg
Faith Deployed: Daily Encouragement for Military Wives  Jocelyn Green

SEXUALITY
GENERAL INFORMATION
Too Close to the Flame: Recognizing and Avoiding Sexualized Relationships  Dr. Gregg Jantz
Sheet Music  Kevin Leman
The Book of Romance, What Solomon Says About Love, Sex and Intimacy  Tommy Nelson
Intimate Issues: Conversations Woman to Woman 21 Questions Christian Women Ask About Sex  Linda Dillow and Lorraine Pintus
Sex Begins in the Kitchen  Dr. Kevin Leman

SEXUAL ABUSE IN CHILDHOOD
The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse  Dr. Dan Allender
(cont)
Allies In Healing: When the Person You Love Was Sexually Abused as a Child  Laura Davis  
(See also resources under Special Problems and www.troubledwith.com)

HOMOSEXUALITY
A Parent's Guide to Preventing Homosexuality  Joseph Nicolosi
Loves God, Likes Girls  Sally Gary  (see www.centerpeace.net)
Coming Out of Homosexuality  Bob Davies and Lori Rentzel
Setting the Record Straight  Dr. Larry Burtoff
You Don’t Have to Be Gay  Jeff Konrad
FOCUS ON THE FAMILY 1-800-232-6459, www.family.org
When Homosexuality Hits Home: What to do When A Loved One Says They’re Gay  Joe Dallas
Helping People Step Out of Homosexuality  Frank Worthen
NATIONAL ASSOCIATION FOR RESEARCH AND THERAPY OF HOMOSEXUALITY (NARTH), www.narth.com  1-818-789-4440
CENTERPEACE: A Place to Belong  Resources for individuals and families affected by same sex attraction  www.centerpeace.net

PORNOGRAPHY
(See also resources under Sex Addicts and Their Spouses)
Out of the Shadows  Patrick Carnes
Don’t Call it Love: Recovery From Sexual Addiction  Patrick Carnes
Wired for Intimacy: How Pornography Hijacks the Male Brain  William M. Struthers
The DRUG of the New Millennium  Mark Kastlemann
Pure Desire  Ted Roberts
An Affair of the Mind  Laurie Hall
False Intimacy  Harry Schaumburg
Kids Online, Donna Rice Hughes
Healing the Wounds of Sexual Addiction  Mark Laaser
Men Confront Pornography  Michael S. Kimmel
Every Man’s Battle and Every Young Man’s Battle  Stephen Arterburn
Every Woman’s Battle and Every Young Woman’s Battle  Shannon Ethridge
www.yourbrainonporn.com  (research on internet porn)
www.fightthenewdrug.org  (links to various resources and research)
www.xxxchurch.com  (preventive resources for parents and teens)
www.safeeyes.com  (preventive resources)
www.covenanteyes.com  (877) 479-1119  (provides internet accountability)
www.settlingcaptivefreecom  (330) 620-8448  (free 12 step internet interactive program for sexual and other addictions)
www.cyber-snoop.com  (800) 732-7596  (provides internet monitoring and filtering)
www.filterreview.com  (directory of internet servers that filter questionable material)
www.afafilter.com  (850) 362-4311  (internet server provided by American Family Association)
www.integrityonline.com  or 1-866-449-1736  (provides an internet server, or a filter on other servers)
www.familyconnect.com  (918) 524-1010  (internet protected server)
www.zemericks.com  (provides a variety of programs for internet protection and accountability)
www.wefightporn.com  The Mouse Trap: The Dangers of Internet Pornography  (Workbook and DVD series—not intended to replace recovery programs)

FOR SEX ADDICTS AND THEIR SPOUSES
(See also resources under Pornography)
No Stones: Women Redeemed from Sexual Shame  Marnie Ferree
Breaking Free: Understanding Sexual Addiction and The Healing Power Of Jesus  Russell Willingham and Bob Davies
Shattered Vows: Hope and Healing for Women Who Have Been Sexually Betrayed  Debra Laaser
Open Hearts: Renewing Relationships with Recovery, Romance & Reality  Patrick Carnes

Additional Resources  Marriage Matters/Relationships Matter  9-1-16
**Addicted to Love: Understanding Dependencies of the Heart, Romance, Relationships and Sex**  Stephen Arterburn  
**Don’t Call it Love: Recovery From Sexual Addiction**  Patrick Carnes  
www.freedomeveryday.org  L.I.F.E. Ministries International  (help for addicts and spouses)  
www.faithfulandtrueministries.com  (866) 408-5433, Mark Laaser and Life Ministries International  
www.bethesdaworkshops.org  
www.sexhelp.com  
www.pureintimacy.org  (Focus on the Family-sponsored resource for pornography addiction)  
National Counsel on Sexual Addiction  (770) 989-9754.  
www.helpandhope.org  (888) 891-4673, Rob Jackson  (affiliated with Christian Alliance)  
www.saa-recovery.org  Sex Addicts Anonymous  
www.sa.org  (866) 424-8777 Sexaholics Anonymous  

For a list of Christian Counselors on file in your area with the following organizations contact:  
“Every Man’s Battle” workshops and resources from the New Life Ministries (800) 639-5433  
www.newlife.com  and **FOCUS ON THE FAMILY COUNSELING CENTER**  (719) 531-3400.  

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**PARENTING**  
**GENERAL INFORMATION**  
www.focusonyourchild.com  (800) 232-6459 resources from **Focus on the Family**  
1-2-3 Magic for Christian Parents: Effective Discipline for Children 2-12  Thomas Phelan and Chris Webb  
I Brake For Meltdowns,  Michelle Nicholasesn and Barbara O’Neal  
The Blessing of a Skinned Knee  Wendy Mogel  
Parent’s Guide to the Spiritual Growth of Children,  Focus on the Family  
Money Matters  (teaching children money management), Jim Weimann and Larry Burkett  
Parent’s Guide to the Spiritual Growth of Children,  Focus on the Family  
Money Matters  (teaching children money management), Jim Weimann and Larry Burkett  
A Parent’s Guide to Preventing Homosexuality  Joseph Nicolosi  
Protecting Your Child in An X-Rated World  Frank York and Jan LaRue  
How and When to Tell Your Kids About Sex  Stanton and Brenner James  
Movie Nights for Kids: 25 Flicks to Inspire, Entertain and Teach Your Children  John Fornof  
Setting Limits: How to Raise Responsible, Independent Children by Providing Clear Boundaries  Robert MacKenzie  
Parenting with Love and Logic  Foster Cline and Jim Fay  
Parenting Teens with Love and Logic  Foster Cline and Jim Fay  
Love and Logic Magic for Early Childhood: Practical Parenting from Birth to Six Years  Foster Cline and Jim Fay  
Behavior Management At Home: A Token Economy Program for Children and Teens  Harvy Parker  
Bringing Kids Up without Tearing Them Down  Kevin Leman  
Keeping Your Kids Afloat When it Feels Like You’re Sinking  Cyndi Lamb Curry  
Boundaries With Kids  Drs. Henry Cloud and John Townsend  
Answering the 8 Cries of the Spirited Child  David and Claudia Arp  
Dare to Discipline  James Dobson  
Hide or Seek  James Dobson  
Strong Fathers, Strong Daughters  Megan Meeker  
Bringing Up Boys  James Dobson  
The Key to Your Child’s Heart  Gary Smalley  
www.ahaparenting.com  
www.pluggedinonline.com  (provides reviews and content of games, TV programs, DVDs, and CDs)  
www.commonsensemedia.org  (provides reviews for all media for parents and educators)  
www.screenit.com  (provides reviews and content of movies)  
www.pluggedinmag.com  (provides a lyrical breakdown of CDs released since 1998)
PARENTING CHILDREN WITH SPECIAL NEEDS
You and Your ADD Child: How to Understand and Help Kids with Attention Deficient Disorder  Paul Warren
ADD Hyperactivity Workbook for Parents, Teachers, and Kids  Harvey Parker
The Attention Deficit Child  Dr. Martin
Driven to Distraction (ADHD resource for children and adults)  Edward Hallowell and John Riley
Why ADHD Doesn’t Mean Disaster  Dennis Swanberg, Dr. Walt Larimore, and Diane Passno
A Special Kind of Love: For Those Who Love Children With Special Needs  Susan Osborn and Janet Mitchell
Facing Autism  Lynn M. Hamilton
Chronic Kids, Constant Hope: Help and Encouragement for Parents of Children with Chronic Conditions  Elizabeth Hoekstra and Mary Bradford

PARENTING TEENS
(see also General Information under PARENTING)
Adolescence Isn’t Terminal  Dr. Kevin Leman
The Disconnected Generation: Saving Our Youth from Self-Destruction  Josh McDowell
Parenting Adolescents  Kevin Huggins
Parenting Teens With Love and Logic  Cline and Foster
Parents, Teens and Boundaries  Jane Bulestein
Movie Nights: 25 Movies to Spark Spiritual Discussions with Your Teen  Bob Smithouser

SINGLE PARENTING
(see also General Information under PARENTING)
Financial Guide for the Single Parent  Larry Burkett
Kids and the Single Mom: Real-Word Guide to Effective Parenting  Jennifer Barnes Maggio
Parenting Alone: Single Parents, Ramona Warren
Successful Single Parenting  Gary Richmond
The Single Dad’s Survival Guide, Mike Klumpp
Going It Alone: Meeting the Challenges of Being a Single Mom  Michelle Ho
From One Single Mother to Another  Sandra Aldrich
101 Ways to Be a Long-Distance Super Dad…Or Mom, too!  George Newman
Resource: Focus on the Family, Colorado Springs, CO. (800) 232-6459

GRANDPARENTS AS PARENTS
(see also General Information under PARENTING)
Grandparents as Parents: A Survival Guide for Raising a Second Family, DeToledo and Brown

DEALING WITH TROUBLED CHILDREN
(see also General Information under PARENTING)
www.dc4k.org DivorceCare for Kids
Setting Boundaries with Your Adult Children: Six Steps to Hope and Healing for Struggling Parents  Allison Bottke
Taming the Dragon in Your Child: Solutions for Breaking the Cycle of Family Anger, Meg Eastman
Parents in Pain: Overcoming the Hurt and Frustration of Problem Children, John White
Relief for Hurting Parents, Buddy Scott
Pills for Parents in Pain, Lee Ezell
Get Out of My Life, Anthony Wolf
Why Christian Kids Rebel: Trading Heartache for Hope, Tim Rimmel
You Can’t Make Me, Cynthia Tobias
When Your Child Has Been Molested: A Parent’s Guide to Healing and Recovery, Kathryn Brohl and Joyce Case Potter
What Children Need to Know When Parents Divorce, William Coleman
Helping Children Survive Divorce: What to Expect, How to Help, Archibald Hart
Growing Up With Divorce, Helping Your Child Avoid Immediate and Later Emotional Problems, Neil Kalter

Additional Resources  Marriage Matters/Relationships Matter  9-1-16
STEP-PARENTING
(see also General Information under PARENTING)
Resource:  www.successfulstepfamilies.com
Wisdom On Step-Parenting: How to Succeed Where Others Fail Dr. Diana Weiss-Wisdom
The Smart Stepfamily Ron Deal
Resource: Step Family Association of America (800) 735-0329
Step by Step-Parenting James Eckler
Making it as a Stepparent Claire Berman
52 Ways to be a Better Stepparent O’Conner & Flowers
You’re a Stepparent…Now What? Joseph Cerquone
Winning the Heart of Your Stepchild Bob Barnes

ADDITIONAL CHALLENGES

ADDITIONS
The Enabler: When Helping Hurts the Ones You Love, Angelyn Miller
Alcoholics Anonymous  www.alcoholics-anonymous.org
Gamblers Anonymous  www.gamblersanonymous.org
Narcotics Anonymous  www.na.org
Overeaters Anonymous  www.aa.org
Sex Addicts Anonymous  www.sexaa.org
Sexaholics Anonymous  www.sa.org
Celebrate Recovery  www.celebraterecovery.com

ADULT ADD/ADHD
Driven to Distraction, (ADHD for children and adults) Edward Hallowell and John Riley
Healing ADD: Simple Exercises That Will Change Your Daily Life Thorn Hartman
CHADD (resources and support for children and adults with attention deficit disorder) 1-800-233-4050

ANGER
Angry Men and the Women Who Love Them: Breaking the Cycle of Physical and Emotional Abuse Paul Hegstrom
When Love Turns to Fear Allison Ogden
Setting the Captives Free: A Christian Theology for Domestic Violence Ron Clark
The Enabler: When Helping Hurts the Ones You Love Angelyn Miller
Anger, Resentment, Abusiveness, Silence, Addictions and Sexual Compulsiveness Dr. Archibald Hart
Taming the Dragon in Your Child: Solutions for Breaking the Cycle of Family Anger Meg Eastman
Getting the Best of Your Anger Les Carter
The Anger Workbook (to accompany the above book) Les Carter
Make Anger Your Ally Neil Clark Warren

COPING WITH AGING PARENTS
As Parents Age: A Psychological and Practical Guide Joseph Ilardo
How to Care for Aging Parents Virginia Morris and Robert Butler
Caring for Your Aging Parents: A Sourcebook of Options and Solutions for Both Generations Helene MacLean
Caring for Yourself While Caring for Your Aging Parents: How to Help, How to Survive Claire Berman
Are Your Parents Driving You Crazy? Joseph Ilardo and Carole Rothman
Complete Guide to Caring for Aging Loved Ones Betty Free

DEPRESSION
New Light on Depression: Help. Hope, & Answers for the Depressed & Those Who Love Them David Biebel and Harold Koenig
The Freedom from Depression Workbook Dr. Les Carter, Dr. Frank Minirth
The Feeling Good Handbook (self help for depression) David Burns
Mood Swings, Dr. Paul Meier Dr. Frank Minirth, Stephen Arterburn
Depression Fallout: The Impact of Depression on Couples and What You Can Do to Preserve the Bond
Ann Sheffield

Unmasking Male Depression: Recognizing the Root Cause to Many Problems Behaviors Such As Anger, Resentment, Abusiveness, Silence, Addictions and Sexual Compulsiveness  Dr. Archibald Hart

Unveiling Depression in Women: A Practical Guide to Understanding and Overcoming Depression  Drs. Archibald Hart and Catherine Hart Weber

Resources for ‘Attacking Anxiety and Depression’ Midwest Center, www.stresscenter.com  (800) 611-5485

DIVORCE

Divorce Care Support Groups  www.divorcecare.com

Breaking the Cycle of Divorce: How Your Marriage Can Succeed Even if Your Parent’s Didn’t  John Trent

When the Vow Breaks: A Survival and Recovery Guide for Christians Facing Divorce  Warren Kniskern

Growing Through Divorce  Jim Smoke

When He Leaves  Kari West and Noelle Quinn

The Divorce Recovery Guide  A. Treeson, Mary Hollingsworth, Michael Washburn,
Single Again, The Uncertain Journey  Jim Smoke

Between Two Worlds  Elizabeth Marquardt

The Unexpected Legacy of Divorce: A 25-year Landmark Study  Judith Wallerstein

Helping Children Survive Divorce: What to Expect, How to Help  Archibald Hart

Growing Up With Divorce, Helping Your Child Avoid Immediate and Later Emotional Problems  Neil Kalter

What Children Need to Know When Parents Divorce  William Coleman

FOR SOMEONE TERMINALLY ILL

The Journey Home: Finishing With Joy  Bill Bright

Living Fully in the Shadow of Death  Susan Zonnebelt-Smeenge and Robert DeVries

When Your World Falls Apart  David Jeremiah

A Bend in the Road  David Jeremiah

Packing for the Big Trip  Charlie Walton

GRIEF

A Grace Disguised: How the Soul Grows Through Loss  Gerald Sittser

Yet Will I Trust Him: Understanding God in a Suffering World  John Mark Hicks

Beyond the Storm  Dr. Jerry Jones

When there are no Words  Charlie Walton

A Grief Observed  C. S. Lewis

Hiding From Love: Learning to Feel and Serve Again  Dr. John Townsend

When Children Grieve  John James and Russell Friedman

The Color of Rain: How Two Families Found Faith, Hope and Love in the Midst of Tragedy  Michael and Gina Spehn

www.griefshare.org

http://www.singlefathersduetocancer.org

IN-LAWS

The Mother-in-Law Dance: Can Two Women Love the Same Man and Still Get Along?  Annie Chapman

Toxic In-Laws: Loving Strategies for Protecting Your Marriage  Susan Forward

Loving Your Relatives: Even When You Don’t See Eye to Eye  David and Claudia Arp, John and Margaret Bell.

Inlaws, Outlaws and the Functional Family: A Real-World Guide to Resolving Family Issues  Harry Jackson

Boundaries: When to Say Yes, When to Say No to Take Control of Your Life  John Townsend

Additional Resources  Marriage Matters/Relationships Matter  9-1-16
**ISSUES FROM YOUTH**

*Addicted to Love: Understanding Dependencies of the Heart, Romance, Relationships and Sex*
Stephen Arterburn

*Released From Shame: Moving Beyond the Pain of the Past*
Sandra Wilson

*Adult Children: The Secrets of Dysfunctional Families*
John and Linda Friel

*The Healing Journey for Adult Children of Alcoholics*
Daryl Quick

*Changes That Heal: How to Understand Your Past to a Healthier Future*
Dr. Henry Cloud

*Broken Children, Grown-up Pain; Understanding the Effects of Your Wounded Past*
Paul Hegstrom

*Love is a Choice: The Definitive Book on Letting Go of Unhealthy Relationships*
Drs. Frank Minirth, Paul Meier, and Robert Hemfelt

*Codependent No More and Codependent No More Workbook*
Melody Beatti

*The Freedom from Depression Workbook*
Dr. Les Carter and Dr. Frank Minirth

*The Feeling Good Handbook (self help for depression)*
David Burns

*Made to Crave*
Lysa TerKeurst

*Love Hunger, Weight Loss Workbook*
Dr. Frank Minirth and Dr. Paul Meier

*Resources for ‘Attacking Anxiety and Depression’ Midwest Center,*
www.stresscenter.com (800) 611-5485

**PERSONALITY DISORDERS**

*Fatal Flaws: Navigating Destructive Relationships with People with Disorders of Personality and Character*
Dr. Stuart Yodofsky

**RELATIONSHIPS**

*Boundaries: When to Say Yes, When to Say No to Take Control of Your Life*
John Townsend

*Setting Boundaries With Your Adult Children: Six Steps to Hope and Healing for Struggling Parents*
Allison Bottke

**REMMARRIAGE**

See also ‘Step-Parenting’

*The Remarriage Checkup: Tools to Help Your Marriage Last a Lifetime*
Ron Deal and David Olson

*In Love Again and Making it Work: Successful Remarriage*
Dick Dunn

*Finding the Right One After Divorce: Avoiding the 13 Common Mistakes People Make in Remarriage*
Edward Tauber and Jim Smoke

**SINGleness**

*God’s Call to the Single Adult, Mike Cavanaugh
Believing God For His Best: How to Marry Contentment and Singleness*
Bill Thrasher

*Living Single: The Different Faces of Singleness*
Kevin Smith

*Singleness: A Strategy for Emotional Peace Every Single Man’s Battle Workbook*
Stephen Arterburn

*Every Single Woman’s Battle Workbook*
Shannon Ethridge

*Your Single Treasure: The Good News About Singles and Sexuality*
Rick Stedman

*No Sex Please (Until We’re Married): The No-Compromise Search for the Love of Your Life*
Ian Gregory

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*The above books can be ordered online from www.amazon.com, www.christianbooks.com or from a Christian bookstore in your area. For information from the Christian Medical Association Life & Health Resources visit www.chrianiomedicalassociation.org or call 888-231-2637. For a list of Christian counselors in your area on file with FOCUS ON THE FAMILY, contact 1-719-531-3400. For a topical listing of articles, resources and referrals concerning specific family and individual issues, visit www.troubledwith.com, a website sponsored by FOCUS ON THE FAMILY. For a list of Christian counselors in your area on file with the MEIER CLINICS, contact 1-888-725-4642 or on the web at www.meierclinics.com. For a list of Christian counselors on file with the NEW LIFE CLINICS contact 1-800-NEWLIFE. For a list of Christian counselors on file with the AMERICAN ASSOCIATION OF CHRISTIAN COUNSELORS, visit them on the web at www.aacc.net.*