

# MARRIAGE MATTERS / RELATIONSHIPS MATTER

## Additional Resources\*

\*See page 8 for sites to obtain books and additional counseling services.  
Occasionally web sites change. All of the sites listed below were correct at the time of this printing, 9-1-16.

## MARRIAGE

### GENERAL INFORMATION

*The Seven Principles for Making Marriage Work* John Gottman  
*Nonviolent Communication: A Language of Life, 3rd Edition Life-Changing Tools for Healthy Relationships* Dr. Marshall B. Rosenberg  
*One Family At a Time: Restoring the Soul of America Through God's Plan for Your Marriage and Family* Dennis Rainey  
*How We Love* and *How We Love Workbook* Milan and Kay Yerkovich  
*The Love Dare* Stephen Kendrick, Alex Kendrick  
*Getting the Love You Want* Harville Hendrix  
*The First Five Years of Marriage* Phillip Swihart  
*Breaking the Cycle of Divorce: How Your Marriage Can Succeed Even If Your Parents Didn't* John Trent and Larry Weedon  
*Love and Respect* Emerson Eggerichs  
*The Five Love Languages: How to Express Heartfelt Commitment to Your Mate* Gary Chapman  
*Too Close to the Flame: Recognizing and Avoiding Sexualized Relationships* Dr. Gregg Jantz  
*Making Love Last Forever* Gary Smalley  
*Boundaries in Marriage* Drs. Henry Cloud and John Townsend  
*Covenant Marriage* Dr. Fred Lowery  
*The Two Sides of Love; Using Personality Strengths to Greatly Improve Your Relationships* Gary Smalley and John Trent  
*As For Me and My House: Crafting Your Marriage to Last* Walter Wangerin  
*Loving Your Marriage Enough to Protect It* Jerry Jenkins  
*Hidden Keys of a Loving Lasting Marriage* Gary Smalley  
*Love Busters* Willard Harley  
*The Love List: Eight Things That Make a Big Difference in Your Marriage* Drs. Les and Leslie Parrott  
*Sex Begins in the Kitchen* Kevin Leman  
*Sixty-Minute Marriage Builder* Rob Parsons  
*Surviving a Spiritual Mismatch in Marriage* Lee and Leslie Strobel  
*New Baby Stress* David and Claudia Arp  
*Your Marriage Can Survive a Newborn* Glen and Natalie Williams  
[www.enddivorce.com](http://www.enddivorce.com)  
[www.family.org](http://www.family.org)

### LATER YEARS

See also resources under **Coping with Aging Parents**  
*How to Survive and Thrive In An Empty Nest* Janette and Robert Lauer  
*The Second Half of Marriage* David and Claudia Arp  
*Men in Midlife Crisis* Jim Conway  
*Respecting Your Limits When Caring for Aging Parents* Vivian Greenberg  
*Empty Nesting: Revisiting Your Marriage When Kids Leave Home* David and Claudia Arp  
*Complete Guide to Caring for Aging Loved Ones* Betty Free  
*A Caregivers Survival Guide* Marshall Strom  
*The Final Mile: A wife's Response to Her Husband's Terminal Illness* Faye Landrum

### BEFORE MARRIAGE

*Saving Your Marriage Before It Starts* Drs. Les and Leslie Parrott  
*Lies At the Alter* Robin Smith  
*Before You Say 'I Do': A Marriage Preparation Manual for Couples* H. N. Wright  
*Before You Remarry* H. N. Wright

## **MARRIAGE IN CRISIS**

See also resources under **Sexuality, Parenting, and Additional Challenges**

*When Love Turns to Fear: Answers From an Abuse Survivor* Allison Ogden

*Setting the Captives Free: A Christian Theology for Domestic Violence* Ron Clark

*The Enabler: When Helping Hurts the Ones You Love* Angelyn Miller

*Anger, Resentment, Abusiveness, Silence, Addictions and Sexual Compulsiveness* Dr. Archibald Hart

*Angry Men and the Women Who Love Them: Breaking the Cycle of Physical and Emotional Abuse*  
Paul Hegstrom

*Torn Asunder Workbook: Recovering from Extramarital Affairs* Dave Carder

*How to Help Your Spouse Heal From Your Affair* Linda Macdonald

*Surviving an Affair* Willard Harley

*When Bad Things Happen to Good Marriages; How to Stay Together When Life Pulls You Apart*  
Drs. Les and Leslie Parrott

*Love Must Be Tough; New Hope for Marriages in Crisis* Dr. James Dobson

*Hope for the Separated; Wounded Marriages Can Be Healed* Gary Chapman

*Healing the Hurt in Your Marriage; Beyond Discouragement, Anger, and Resentment to Forgiveness*

Dr. Gary and Barbara Rosberg

*Surviving a Spiritual Mismatch* Les and Leslie Strobel

*Feeling Good Together* Dr. David Burns

*Spiritual Warfare in Marriage* Bill Stonebraker

## **INFERTILITY**

*Empty Arms: Emotional Support for Those Who Have Suffered a Miscarriage, Stillbirth, or Tubal Pregnancy* Pam Vredevelt

*When the Cradle is Empty: Answering Tough Questions About Infertility* John and Sylvia Van Regenmorter

*The Infertility Companion* Sandra Glahn and Dr. William Cutrer

*Adopting After Infertility* Patricia Johnson

## **FAMILY FINANCES**

[www.bundle.com](http://www.bundle.com)

*Five Steps to Successful Money Management* Lee Davis

*Financial Peace* Dave Ramsey

*Storm Shelter, Protecting Your Personal Finances* Ron Blue

*Taming the Money Monster* Ron Blue

*No Debt No Sweat* Steve Diggs, [www.nobebtanosweat.com](http://www.nobebtanosweat.com), (615) 834-3063

*Debt-Proof Your Marriage* and *Debt-Proof Your Marriage Workbook* Mary Hunt

## **FAMILY AND THE MILITARY**

*Heroes at Home: Help and Hope for American Military Families, 2<sup>nd</sup> edition* Bethany House

*When Duty Calls: A Handbook For Families Facing Military Separation* Carol Vandesteeg

*Faith Deployed: Daily Encouragement for Military Wives* Jocelyn Green

## **SEXUALITY**

### **GENERAL INFORMATION**

*Too Close to the Flame: Recognizing and Avoiding Sexualized Relationships* Dr. Gregg Jantz

*Sheet Music* Kevin Leman

*The Book of Romance, What Solomon Says About Love, Sex and Intimacy* Tommy Nelson

*Intimate Issues: Conversations Woman to Woman 21 Questions Christian Women Ask About Sex* Linda Dillow and Lorraine Pintus

*The Sexual Man* Dr. Archibald Hart

*Secrets of Eve, Understanding the Mystery of Female Sexuality* Dr. Archibald Hart, Dr. Catherine Hart Weber and Debra Taylor

*Sex Begins in the Kitchen* Dr. Kevin Leman

### **SEXUAL ABUSE IN CHILDHOOD**

*The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse* Dr. Dan Allender

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(SEXUAL ABUSE IN CHILDHOOD cont)

**Allies In Healing: When the Person You Love Was Sexually Abused as a Child** Laura Davis  
(See also resources under *Special Problems* and [www.troubledwith.com](http://www.troubledwith.com))

## HOMOSEXUALITY

**A Parent's Guide to Preventing Homosexuality** Joseph Nicolosi  
**Loves God, Likes Girls** Sally Gary (see [www.centerpeace.net](http://www.centerpeace.net))  
**Coming Out of Homosexuality** Bob Davies and Lori Rentzel  
**Setting the Record Straight** Dr. Larry Burtoff  
**You Don't Have to Be Gay** Jeff Konrad  
FOCUS ON THE FAMILY 1-800-232-6459, [www.family.org](http://www.family.org)  
**When Homosexuality Hits Home: What to do When A Loved One Says They're Gay** Joe Dallas  
**Helping People Step Out of Homosexuality** Frank Worthen  
NATIONAL ASSOCIATION FOR RESEARCH AND THERAPY OF HOMOSEXUALITY (NARTH),  
[www.narth.com](http://www.narth.com) 1-818-789-4440  
**CENTERPEACE: A Place to Belong** Resources for individuals and families affected by same sex attraction [www.centerpeace.net](http://www.centerpeace.net)

## PORNOGRAPHY

(See also resources under Sex Addicts and Their Spouses)  
**Out of the Shadows** Patrick Carnes  
**Don't Call it Love: Recovery From Sexual Addiction** Patrick Carnes  
**Wired for Intimacy: How Pornography Hijacks the Male Brain** William M. Struthers  
**The DRUG of the New Millennium** Mark Kastleman  
**Pure Desire** Ted Roberts  
**An Affair of the Mind** Laurie Hall  
**False Intimacy** Harry Schaumburg  
**Kids Online**, Donna Rice Hughes  
**Healing the Wounds of Sexual Addiction** Mark Laaser  
**Men Confront Pornography** Michael S. Kimmel  
**Every Man's Battle** and **Every Young Man's Battle** Stephen Arterburn  
**Every Woman's Battle** and **Every Young Woman's Battle** Shannon Ethridge  
[www.yourbrainonporn.com](http://www.yourbrainonporn.com) (research on internet porn)  
[www.fightthenewdrug.org](http://www.fightthenewdrug.org) (links to various resources and research)  
[www.xxxchurch.com](http://www.xxxchurch.com) (preventive resources for parents and teens)  
[www.safeeyes.com](http://www.safeeyes.com) (preventive resources)  
[www.covenanteyes.com](http://www.covenanteyes.com) (877) 479-1119 (provides internet accountability)  
[www.settingcaptivesfree.com](http://www.settingcaptivesfree.com) (330) 620-8448 (free 12 step internet interactive program for sexual and other addictions)  
<http://dl.esu13.org/internetsafety.htm> (lists internet safety guidelines and sites for children)  
[www.cyber-snoop.com](http://www.cyber-snoop.com) (800) 732-7596 (provides internet monitoring and filtering)  
[www.filterreview.com](http://www.filterreview.com) (directory of internet servers that filter questionable material)  
[www.afafilter.com](http://www.afafilter.com) (850) 362-4311 (internet server provided by American Family Association)  
[www.integrityonline.com](http://www.integrityonline.com) or 1-866-449-1736 (provides an internet server, or a filter on other servers)  
[www.safekids.com](http://www.safekids.com) (801) 596-3119 (provides rules and contracts for parents with children online)  
[www.familyconnect.com](http://www.familyconnect.com) (918) 524-1010 (internet protected server)  
[www.zemericks.com](http://www.zemericks.com) (provides a variety of programs for internet protection and accountability)  
[www.wefightporn.com](http://www.wefightporn.com) **The Mouse Trap: The Dangers of Internet Pornography** (Workbook and DVD series—not intended to replace recovery programs)

## FOR SEX ADDICTS AND THEIR SPOUSES

(See also resources under Pornography)  
**No Stones: Women Redeemed from Sexual Shame** Marnie Ferree  
**Breaking Free: Understanding Sexual Addiction and The Healing Power Of Jesus** Russell Willingham and Bob Davies  
**Shattered Vows: Hope and Healing for Women Who Have Been Sexually Betrayed** Debra Laaser  
**Open Hearts: Renewing Relationships with Recovery, Romance & Reality** Patrick Carnes  
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***Addicted to Love: Understanding Dependencies of the Heart, Romance, Relationships and Sex*** Stephen Arterburn

***Don't Call it Love: Recovery From Sexual Addiction*** Patrick Carnes

[www.freedomeveryday.org](http://www.freedomeveryday.org) L.I.F.E. Ministries International (help for addicts and spouses)

[www.faithfulandtrueministries.com](http://www.faithfulandtrueministries.com) (866) 408-5433, Mark Laaser and Life Ministries International

[www.bethesda workshops.org](http://www.bethesda workshops.org)

[www.sexhelp.com](http://www.sexhelp.com)

[www.pureintimacy.org](http://www.pureintimacy.org) (Focus on the Family-sponsored resource for pornography addiction)

National Counsel on Sexual Addiction (770) 989-9754.

[www.helpandhope.org](http://www.helpandhope.org) (888) 891-4673, Rob Jackson (affiliated with Christian Alliance)

[www.saa-recovery.org](http://www.saa-recovery.org) Sex Addicts Anonymous

[www.sa.org](http://www.sa.org) (866) 424-8777 Sexaholics Anonymous

**For a list of Christian Counselors on file in your area with the following organizations contact:**

**“Every Man’s Battle” workshops and resources from the New Life Ministries (800) 639-5433**

[www.newlife.com](http://www.newlife.com) and **FOCUS ON THE FAMILY COUNSELING CENTER (719) 531-3400**, [www.family.org](http://www.family.org)

## **PARENTING**

### **GENERAL INFORMATION**

[www.focusonyourchild.com](http://www.focusonyourchild.com) (800) 232-6459 resources from **Focus on the Family**

***1-2-3 Magic for Christian Parents: Effective Discipline for Children 2-12*** Thomas Phelan and Chris Webb

***I Brake For Meltdowns***, Michelle Nicholasen and Barbara O’Neal

***The Blessing of a Skinned Knee*** Wendy Mogel

***Parent’s Guide to the Spiritual Growth of Children***, Focus on the Family

***Money Matters*** (teaching children money management), Jim Weimann and Larry Burkett

***Parent’s Guide to the Spiritual Growth of Children***, Focus on the Family

***Money Matters*** (teaching children money management), Jim Weimann and Larry Burkett

***A Parent’s Guide to Preventing Homosexuality*** Joseph Nicolosi

***Protecting Your Child in An X-Rated World*** Frank York and Jan LaRue

***How and When to Tell Your Kids About Sex*** Stanton and Brenner James

***Movie Nights for Kids: 25 Flicks to Inspire, Entertain and Teach Your Children*** John Fornof

***Setting Limits: How to Raise Responsible, Independent Children by Providing Clear Boundaries***

Robert MacKenzie

***Setting Limits with Your Strong-Willed Child : Eliminating Conflict by Establishing Clear, Firm, and***

***Respectful Boundaries*** Robert MacKenzie

***Parenting with Love and Logic*** Foster Cline and Jim Fay

***Parenting Teens with Love and Logic*** Foster Cline and Jim Fay

***Love and Logic Magic for Early Childhood: Practical Parenting from Birth to Six Years*** Foster Cline and Jim Fay

***Behavior Management At Home: A Token Economy Program for Children and Teens*** Harvy Parker

***Bringing Kids Up without Tearing Them Down*** Kevin Leman

***Keeping Your Kids Afloat When it Feels Like You’re Sinking*** Cyndi Lamb Curry

***Boundaries With Kids*** Drs. Henry Cloud and John Townsend

***Answering the 8 Cries of the Spirited Child*** David and Claudia Arp

***Dare to Discipline*** James Dobson

***Hide or Seek*** James Dobson

***Strong Fathers, Strong Daughters*** Megan Meeker

***Bringing Up Boys*** James Dobson

***The Key to Your Child’s Heart*** Gary Smalley

[www.ahaparenting.com](http://www.ahaparenting.com)

[www.pluggedinonline.com](http://www.pluggedinonline.com) (provides reviews and content of games, TV programs, DVDs, and CDs)

[www.common sense media.org](http://www.common sense media.org) (provides reviews for **all** media for parents and educators)

[www.screenit.com](http://www.screenit.com) (provides reviews and content of movies)

[www.pluggedinmag.com](http://www.pluggedinmag.com) (provides a lyrical breakdown of CDs released since 1998)

## **PARENTING CHILDREN WITH SPECIAL NEEDS**

*Different Dream Parenting: A Practical Guide to Raising A Child With Special Needs* Jolene Philo  
*You and Your ADD Child: How to Understand and Help Kids with Attention Deficient Disorder* Paul Warren  
*ADD Hyperactivity Workbook for Parents, Teachers, and Kids* Harvey Parker  
*The Attention Deficit Child* Grant Martin  
*Driven to Distraction* (ADHD resource for children and adults) Edward Hallowell and John Riley  
*Why ADHD Doesn't Mean Disaster* Dennis Swanberg, Dr. Walt Larimore, and Diane Passno  
CHADD (resources and support for children and adults with attention deficit disorder) 1-800-233-4050  
*A Special Kind of Love: For Those Who Love Children With Special Needs* Susan Osborn and Janet Mitchell  
*Facing Autism* Lynn M. Hamilton  
*Chronic Kids, Constant Hope: Help and Encouragement for Parents of Children with Chronic Conditions* Elizabeth Hoekstra and Mary Bradford

## **PARENTING TEENS**

(see also *General Information* under *PARENTING*)  
*Adolescence Isn't Terminal* Dr. Kevin Leman  
*The Disconnected Generation: Saving Our Youth from Self-Destruction* Josh McDowell  
*Parenting Adolescents* Kevin Huggins  
*Parenting Teens With Love and Logic* Cline and Foster  
*Parents, Teens and Boundaries* Jane Bulestein  
*Movie Nights: 25 Movies to Spark Spiritual Discussions with Your Teen* Bob Smithouser

## **SINGLE PARENTING**

(see also *General Information* under *PARENTING*)  
*Financial Guide for the Single Parent* Larry Burkett  
  
*Kids and the Single Mom: Real-Word Guide to Effective Parenting* Jennifer Barnes Maggio  
*Parenting Alone: Single Parents*, Ramona Warren  
*Successful Single Parenting*, Gary Richmond  
*The Single Dad's Survival Guide*, Mike Klumpp  
*Going It Alone: Meeting the Challenges of Being a Single Mom*, Michelle Ho  
*From One Single Mother to Another*, Sandra Aldrich  
*101 Ways to Be a Long-Distance Super Dad...Or Mom, too!* George Newman  
Resource: Focus on the Family, Colorado Springs, CO. (800) 232-6459

## **GRANDPARENTS AS PARENTS**

(see also *General Information* under *PARENTING*)  
*Grandparents as Parents: A Survival Guide for Raising a Second Family*, DeToledo and Brown

## **DEALING WITH TROUBLED CHILDREN**

(see also *General Information* under *PARENTING*)  
[www.dc4k.org](http://www.dc4k.org) DivorceCare for Kids  
*Setting Boundaries with Your Adult Children: Six Steps to Hope and Healing for Struggling Parents* Allison Bottke  
*Taming the Dragon in Your Child: Solutions for Breaking the Cycle of Family Anger*, Meg Eastman  
*Parents in Pain: Overcoming the Hurt and Frustration of Problem Children*, John White  
*Relief for Hurting Parents*, Buddy Scott  
*Pills for Parents in Pain*, Lee Ezell  
*Get Out of My Life*, Anthony Wolf  
*Why Christian Kids Rebel: Trading Heartache for Hope*, Tim Rimmel  
*You Can't Make Me*, Cynthia Tobias  
*When Your Child Has Been Molested: A Parent's Guide to Healing and Recovery*, Kathryn Brohl and Joyce Case Potter  
*What Children Need to Know When Parents Divorce*, William Coleman  
*Helping Children Survive Divorce: What to Expect, How to Help*, Archibald Hart  
*Growing Up With Divorce, Helping Your Child Avoid Immediate and Later Emotional Problems*, Neil Kalter

## **STEP-PARENTING**

(see also *General Information* under *PARENTING*)

Resource: [www.successfulstepfamilies.com](http://www.successfulstepfamilies.com)

*Wisdom On Step-Parenting: How to Succeed Where Others Fail* Dr. Diana Weiss-Wisdom

*The Smart Stepfamily* Ron Deal

Resource: Step Family Association of America (800) 735-0329

*Step by Step-Parenting* James Eckler

*Making it as a Stepparent* Claire Berman

*52 Ways to be a Better Stepparent* O'Conner & Flowers

*You're a Stepparent...Now What?* Joseph Cerquone

*Winning the Heart of Your Stepchild* Bob Barnes

## **ADDITIONAL CHALLENGES**

### **ADDICTIONS**

*The Enabler: When Helping Hurts the Ones You Love*, Angelyn Miller

*Alcoholics Anonymous* [www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)

*Gamblers Anonymous* [www.gamblersanonymous.org](http://www.gamblersanonymous.org)

*Narcotics Anonymous* [www.na.org](http://www.na.org)

*Overeaters Anonymous* [www.oa.org](http://www.oa.org)

*Sex Addicts Anonymous* [www.sexaa.org](http://www.sexaa.org)

*Sexaholics Anonymous* [www.sa.org](http://www.sa.org)

*Celebrate Recovery* [www.celebraterecovery.com](http://www.celebraterecovery.com)

### **ADULT ADD/ADHD**

*Driven to Distraction*, (ADHD for children and adults) Edward Hallowell and John Riley

*Healing ADD: Simple Exercises That Will Change Your Daily Life* Thorn Hartman

CHADD (resources and support for children and adults with attention deficit disorder) 1-800-233-4050

### **ANGER**

*Angry Men and the Women Who Love Them: Breaking the Cycle of Physical and Emotional Abuse*

Paul Hegstrom

*When Love Turns to Fear* Allison Ogden

*Setting the Captives Free: A Christian Theology for Domestic Violence* Ron Clark

*The Enabler: When Helping Hurts the Ones You Love* Angelyn Miller

*Anger, Resentment, Abusiveness, Silence, Addictions and Sexual Compulsiveness* Dr. Archibald Hart

*Taming the Dragon in Your Child: Solutions for Breaking the Cycle of Family Anger* Meg Eastman

*Getting the Best of Your Anger* Les Carter

*The Anger Workbook (to accompany the above book)* Les Carter

*Make Anger Your Ally* Neil Clark Warren

### **COPING WITH AGING PARENTS**

*As Parents Age: A Psychological and Practical Guide* Joseph Ilardo

*How to Care for Aging Parents* Virginia Morris and Robert Butler

*Caring for Your Aging Parents: A Sourcebook of Options and Solutions for Both Generations* Helene

MacLean

*Caring for Yourself While Caring for Your Aging Parents: How to Help, How to Survive* Claire

Berman

*Are Your Parents Driving You Crazy?* Joseph Ilardo and Carole Rothman

*Complete Guide to Caring for Aging Loved Ones* Betty Free

### **DEPRESSION**

*New Light on Depression: Help, Hope, & Answers for the Depressed & Those Who Love Them* David

Biebel and Harold Koenig

*The Freedom from Depression Workbook* Dr. Les Carter, Dr. Frank Minirth

*The Feeling Good Handbook (self help for depression)* David Burns

*Mood Swings*, Dr. Paul Meier Dr. Frank Minirth, Stephen Arterburn

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**Depression Fallout: The Impact of Depression on Couples and What You Can Do to Preserve the Bond** Ann Sheffield

**Unmasking Male Depression: Recognizing the Root Cause to Many Problems Behaviors Such As Anger, Resentment, Abusiveness, Silence, Addictions and Sexual Compulsiveness** Dr. Archibald Hart

**Unveiling Depression in Women: A Practical Guide to Understanding and Overcoming Depression**

Drs. Archibald Hart and Catherine Hart Weber

Resources for 'Attacking Anxiety and Depression' Midwest Center, [www.stresscenter.com](http://www.stresscenter.com) (800) 611-5485

## **DIVORCE**

**Divorce Care Support Groups** [www.divorcecare.com](http://www.divorcecare.com)

**Breaking the Cycle of Divorce: How Your Marriage Can Succeed Even if Your Parent's Didn't** John Trent

**When the Vow Breaks: A Survival and Recovery Guide for Christians Facing Divorce** Warren Kniskern

**Growing Through Divorce** Jim Smoke

**When He Leaves** Kari West and Noelle Quinn

**The Divorce Recovery Guide** A. Treeson, Mary Hollingsworth, Michael Washburn,

**Single Again, The Uncertain Journey** Jim Smoke

**Between Two Worlds** Elizabeth Marquardt

**The Unexpected Legacy of Divorce: A 25-year Landmark Study** Judith Wallerstein

**Helping Children Survive Divorce: What to Expect, How to Help** Archibald Hart

**Growing Up With Divorce, Helping Your Child Avoid Immediate and Later Emotional Problems** Neil Kalter

**What Children Need to Know When Parents Divorce** William Coleman

## **FOR SOMEONE TERMINALLY ILL**

**The Journey Home: Finishing With Joy** Bill Bright

**Living Fully in the Shadow of Death** Susan Zonnebelt-Smeenge and Robert DeVries

**When Your World Falls Apart** David Jeremiah

**A Bend in the Road** David Jeremiah

**Packing for the Big Trip** Charlie Walton

## **GRIEF**

**A Grace Disguised: How the Soul Grows Through Loss** Gerald Sittser

**Yet Will I Trust Him: Understanding God in a Suffering World** John Mark Hicks

**Beyond the Storm** Dr. Jerry Jones

**When there are no Words** Charlie Walton

**A Grief Observed** C. S. Lewis

**Hiding From Love: Learning to Feel and Serve Again** Dr. John Townsend

**When Children Grieve** John James and Russell Friedman

**The Color of Rain: How Two Families Found Faith, Hope and Love in the Midst of Tragedy** Michael and Gina Spehn

[www.griefshare.org](http://www.griefshare.org)

<http://www.singlefathersduetocancer.org>

## **IN-LAWS**

**The Mother-in-Law Dance: Can Two Women Love the Same Man and Still Get Along?** Annie Chapman

**Toxic In-Laws: Loving Strategies for Protecting Your Marriage** Susan Forward

**Loving Your Relatives: Even When You Don't See Eye to Eye** David and Claudia Arp, John and Margaret Bell.

**Inlaws, Outlaws and the Functional Family: A Real-World Guide to Resolving Family Issues** Harry Jackson

**Boundaries: When to Say Yes, When to Say No to Take Control of Your Life** John Townsend

## ISSUES FROM YOUTH

*Addicted to Love: Understanding Dependencies of the Heart, Romance, Relationships and Sex* Stephen Arterburn

*Released From Shame: Moving Beyond the Pain of the Past* Sandra Wilson

*Adult Children: The Secrets of Dysfunctional Families* John and Linda Friel

*The Healing Journey for Adult Children of Alcoholics* Daryl Quick

*Changes That Heal: How to Understand Your Past to a Healthier Future* Dr. Henry Cloud

*Broken Children, Grown-up Pain; Understanding the Effects of Your Wounded Past* Paul Hegstrom

*Love is a Choice: The Definitive Book on Letting Go of Unhealthy Relationships* Drs. Frank Minirth, Paul Meier, and Robert Hemfelt

*Codependent No More and Codependent No More Workbook* Melody Beatti

*The Freedom from Depression Workbook* Dr. Les Carter and Dr. Frank Minirth

*The Feeling Good Handbook (self help for depression)* David Burns

*Made to Crave* Lysa TerKeurst

*Love Hunger, Weight Loss Workbook* Dr. Frank Minirth and Dr. Paul Meier

Resources for 'Attacking Anxiety and Depression' Midwest Center, [www.stresscenter.com](http://www.stresscenter.com) (800) 611-5485

## PERSONALITY DISORDERS

*Fatal Flaws: Navigating Destructive Relationships with People with Disorders of Personality and Character* Dr. Stuart Yodofsky

## RELATIONSHIPS

*Boundaries: When to Say Yes, When to Say No to Take Control of Your Life* John Townsend

*Setting Boundaries With Your Adult Children: Six Steps to Hope and Healing for Struggling Parents* Allison Bottke

## REMARRIAGE

See also 'Step-Parenting'

*The Remarriage Checkup: Tools to Help Your Marriage Last a Lifetime* Ron Deal and David Olson

*In Love Again and Making it Work: Successful Remarriage* Dick Dunn

*Finding the Right One After Divorce: Avoiding the 13 Common Mistakes People Make in Remarriage* Edward Tauber and Jim Smoke

## SINGLENESS

*God's Call to the Single Adult*, Mike Cavanaugh

*Believing God For His Best: How to Marry Contentment and Singleness* Bill Thrasher

*Living Single: The Different Faces of Singleness* Kevin Smith

*Singleness: A Strategy for Emotional Peace Every Single Man's Battle Workbook* Stephen Arterburn

*Every Single Woman's Battle Workbook* Shannon Ethridge

*Your Single Treasure: The Good News About Singles and Sexuality* Rick Stedman

*No Sex Please (Until We're Married): The No-Compromise Search for the Love of Your Life* Ian Gregory

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\*The above books can be ordered online from [www.amazon.com](http://www.amazon.com), [www.christianbooks.com](http://www.christianbooks.com) or from a Christian bookstore in your area. For information from the Christian Medical Association Life & Health Resources visit [www.christianmedicalassociation.org](http://www.christianmedicalassociation.org) or call 888-231-2637. For a list of Christian counselors in your area on file with FOCUS ON THE FAMILY, contact 1-719- 531-3400. For a topical listing of articles, resources and referrals concerning specific family and individual issues, visit [www.troubledwith.com](http://www.troubledwith.com), a website sponsored by FOCUS ON THE FAMILY. For a list of Christian counselors in your area on file with the MEIER CLINICS, contact 1-888-725-4642 or on the web at [www.meierclinics.com](http://www.meierclinics.com). For a list of Christian counselors on file with the NEW LIFE CLINICS contact 1-800-NEWLIFE.. For a list of Christian counselors on file with the AMERICAN ASSOCIATION OF CHRISTIAN COUNSELORS, visit them on the web at [www.aacc.net](http://www.aacc.net).