



Homework for Session Five

Dynamic Families

This week's assignments (to be completed during the week with appropriate time for the exercises to be determined by each family)

Parents: Read Chapter Three ("Share Positive Communication") in *Fantastic Families* and *Shaping the Future*.

Kids (age appropriate): Read "Good Communication Builds Belonging" on page 75 in *Fantastic Families*.

Family: Complete (write answers to) exercise one, pages 58-59, or exercise two, pages 60-62, in *Shaping the Future*. (If it's feasible for your family to do both, that's great. But you may opt to save one for later on after finishing this course.) Be sure to follow all instructions about kindness and accepting what others feel.

Family Meeting: In your family meeting, choose either "Combine Ideas 1, 2, and 3" or "Combine Ideas 4, 5, and 6" from page 63 of *Shaping the Future*. Then follow the instructions in the area you chose. Think of other traditions you already have or would like to begin.

Class Discussion Questions

1. In which of the six steps of communication does your family have the greatest problems?
2. List ways that you feel your family could improve communication in this step.
3. What will you personally do to provide more positive communication in your family?
4. When and how will you do what you just promised?

Pray with your family each day that God will give all of you the ability to share more openly and understand more clearly in your communications with each other.