

Homework for Session Seven Dynamic Families

This week's assignments (to be completed during the week with appropriate time for the exercises to be determined by each family)

Parents: Read Chapter Five ("Nurture Spiritual Well-Being") in *Fantastic Families* and *Shaping the Future*.

Kids (age appropriate): Read introduction to Chapter Five in *Shaping the Future*.

Family: Complete (write answers to) exercise one, pages 86-92, and exercise two, pages 93-97, in *Shaping the Future*. When finished, share your answers. Be sure to follow all instructions about kindness and accepting what others feel.

Family Meeting: In your family meeting, work together to decide how you would like to organize and structure a family night that your family will honor from now on. (That means even after the class is over.) Make sure that you structure it in a way and with a frequency that your family *will <u>do</u> no matter what*. If that means it's once a month rather than once a week, then make it that way. The main thing is that you <u>DO</u> what you agree to do about having a regular family night.

Class Discussion Questions

- 1. What did you learn about yourself when you did the inventory of Your Relationship with God?
- 2. What do you commit to do to change your relationship with God from what it is to what you think it should be?
- 3. What do you think would happen for your family if you did that?
- 4. What is the most important thing you feel your family will gain from having your regular family night?