



Homework for Session Eight

Dynamic Families

This week's assignments (to be completed during the week with appropriate time for the exercises to be determined by each family)

Parents: Read Chapter Six ("Learn to Cope with Stress and Crises") in *Fantastic Families* and *Shaping the Future*.

Kids (age appropriate): None.

Family: Complete (write answers to) exercise two, pages 111-113, in *Shaping the Future*. When finished, share your answers. Be sure to follow all instructions about kindness and accepting what others feel.

Family Meeting: In your family meeting, have each person share the answers he or she wrote on page 113. Do this session by following the directions on the last half of page 112. Make sure that each person answers all six questions. As each person finishes, other family members may ask more questions about the event, the feelings involved, the lesson learned, and so forth. When you come to class, each person will share his or her answers to these questions.

Class Discussion Questions

1. Tell the story of the crisis in your life that turned out to be a blessing.
2. Explain clearly how you felt while the crisis was occurring. Describe every emotion you remember.
3. What blessing or blessings ultimately came from the crisis?
4. What did you learn from this crisis and the blessings God ultimately brought from it?

*Pray with your family each day that God will show each of you how
He was at work in situations where you did not at first see Him.*